**Secrets of Body Language**

*A History Channel Documentary*

Body language defined is the process of communicating nonverbally through conscious or unconscious gestures and movements. This documentary delves into the science of non-verbal signals to reveal the hidden language in which 93% of human communication takes place.

Instructions: Before viewing the documentary review each of the following questions. When answering each question be sure to cite specific examples identified in the video.

1. Why do elected officials or those running for office seek the help of body language experts?
2. Identify five body language cues that demonstrate lying or deceitfulness?
3. How do individuals demonstrate power or authority with their body language?
4. Explain the significance of understanding body language/non-verbal cues of other cultures. For example, a person from the United States versus an individual from the Middle East.
5. Identify the seven universal facial expressions that scientists have discovered. These facial expressions convey the same meaning through all world cultures.
6. Explain how understanding how to read body language accurately is important for law enforcement officials.
7. Texting has become an important form of communication in individual’s daily life. How can texting be easily misinterpreted or misunderstood based on what you have seen in this documentary?
8. After viewing this documentary, how can you be more aware of your non-verbal communications with others?